



National Nutrient Database for Standard Reference
Release 28 slightly revised May, 2016

Statistics Report 35152, Fish, Salmon, Chum, raw (Alaska Native)

Report Date: July 16, 2017 02:47 EDT

Nutrient values and weights are for edible portion.

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Proximates													
Water ¹	g	72.34	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2006
Energy	kcal	116	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2009
Energy	kJ	484	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2009
Protein ¹	g	20.69	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2006
Total lipid (fat) ¹	g	3.67	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2006
Ash ¹	g	1.27	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2006
Carbohydrate, by difference	g	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	08/2008
Fiber, total dietary	g	0.0	--	--	--	--	--	--	--	--	Assumed zero	--	04/2006
Sugars, total	g	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	04/2006
Sucrose	g	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	04/2006
Glucose (dextrose)	g	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	04/2006
Fructose	g	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	04/2006

Nutrient	Unit	Value Per 100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Lactose	g	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	04/2006
Maltose	g	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	04/2006
Galactose	g	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	04/2006
Starch	g	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	04/2006
Minerals													
Calcium, Ca ¹	mg	7	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2006
Iron, Fe ¹	mg	0.56	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2006
Magnesium, Mg ¹	mg	26	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2006
Phosphorus, P ¹	mg	230	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2006
Potassium, K ¹	mg	370	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2006
Sodium, Na ¹	mg	59	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2006
Zinc, Zn ¹	mg	0.54	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2006
Copper, Cu	mg	0.137	--	--	--	--	--	--	--	--	Calculated or imputed	35171	04/2006
Manganese, Mn	mg	0.030	--	--	--	--	--	--	--	--	Calculated or imputed	35171	04/2006

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Selenium, Se ¹	µg	39.7	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2006
Vitamins													
Vitamin C, total ascorbic acid ¹	mg	0.0	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2006
Thiamin ¹	mg	0.156	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2006
Riboflavin ¹	mg	0.217	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2006
Niacin ¹	mg	8.790	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2006
Pantothenic acid ¹	mg	1.020	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2006
Vitamin B-6 ¹	mg	0.189	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2006
Folate, total ¹	µg	18	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2006
Folic acid	µg	0	--	--	--	--	--	--	--	--	Assumed zero	--	04/2006
Folate, food	µg	18	--	--	--	--	--	--	--	--	Calculated or imputed	35171	04/2006
Folate, DFE	µg	18	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2009

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Vitamin B-12 ¹	µg	8.08	1	--	--	--	--	--	--	--	Analytical or derived from analytical		-- 03/2006
Vitamin B-12, added	µg	0.00	--	--	--	--	--	--	--	--	Assumed zero		-- 04/2006
Vitamin A, RAE	µg	32	--	--	--	--	--	--	--	--	Calculated or imputed	35171	05/2009
Retinol	µg	32	--	--	--	--	--	--	--	--	Calculated or imputed		-- 04/2006
Carotene, beta	µg	0	--	--	--	--	--	--	--	--	Assumed zero		-- 04/2006
Carotene, alpha	µg	0	--	--	--	--	--	--	--	--	Assumed zero		-- 04/2006
Cryptoxanthin, beta	µg	0	--	--	--	--	--	--	--	--	Assumed zero		-- 04/2006
Vitamin A, IU	IU	105	--	--	--	--	--	--	--	--	Calculated or imputed	35171	04/2006
Lycopene	µg	0	--	--	--	--	--	--	--	--	Assumed zero		-- 04/2006
Lutein + zeaxanthin	µg	0	--	--	--	--	--	--	--	--	Assumed zero		-- 04/2006
Vitamin E (alpha-tocopherol) ¹	mg	0.49	1	--	--	--	--	--	--	--	Analytical or derived from analytical		-- 03/2006
Vitamin E, added	mg	0.00	--	--	--	--	--	--	--	--	Assumed zero		-- 04/2006
Tocopherol, beta ¹	mg	0.00	1	--	--	--	--	--	--	--	Analytical or derived from analytical		-- 04/2006
Tocopherol, gamma ¹	mg	0.00	1	--	--	--	--	--	--	--	Analytical or derived from analytical		-- 04/2006
Tocopherol, delta ¹	mg	0.00	1	--	--	--	--	--	--	--	Analytical or derived from analytical		-- 04/2006

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Vitamin K (phylloquinone) ¹	µg	0.3	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2006
Lipids													
Fatty acids, total saturated	g	0.547	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2006
8:0 ¹	g	0.000	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2006
10:0 ¹	g	0.000	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2006
12:0 ¹	g	0.000	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2006
14:0 ¹	g	0.140	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2006
15:0 ¹	g	0.010	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2006
16:0 ¹	g	0.300	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2006
17:0 ¹	g	0.010	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2006
18:0 ¹	g	0.080	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2006

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
20:0 ¹	g	0.007	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2006
22:0 ¹	g	0.000	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2006
24:0 ¹	g	0.000	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2006
Fatty acids, total monounsaturated	g	0.940	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2006
14:1 ¹	g	0.000	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2006
15:1 ¹	g	0.000	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2006
16:1 undifferentiated ¹	g	0.110	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2006
17:1 ¹	g	0.000	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2006
18:1 undifferentiated ¹	g	0.470	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2006
20:1 ¹	g	0.170	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2006

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
22:1 undifferentiated ¹	g	0.170	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2006
24:1 c ¹	g	0.020	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2006
Fatty acids, total polyunsaturated	g	0.770	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2006
18:2 undifferentiated ¹	g	0.030	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2006
18:3 undifferentiated ¹	g	0.040	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2006
18:4 ¹	g	0.040	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2006
20:2 n-6 c,c ¹	g	0.000	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2006
20:3 undifferentiated ¹	g	0.000	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2006
20:4 undifferentiated ¹	g	0.030	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2006
20:5 n-3 (EPA) ¹	g	0.170	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2006

Nutrient	Unit	Value Per 100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
21:5 1	g	0.000	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2006
22:4 1	g	0.000	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2006
22:5 n-3 (DPA) 1	g	0.050	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2006
22:6 n-3 (DHA) 1	g	0.410	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2006
Cholesterol 1	mg	59	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2006
Amino Acids													
Tryptophan 1	g	0.320	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2006
Threonine 1	g	0.920	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2006
Isoleucine 1	g	0.920	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2006
Leucine 1	g	1.520	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2006
Lysine 1	g	1.730	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2006

Nutrient	Unit	Value Per 100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Methionine 1	g	0.770	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2006
Cystine 1	g	0.300	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2006
Phenylalanine 1	g	0.840	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2006
Tyrosine 1	g	1.100	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2006
Valine 1	g	1.030	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2006
Arginine 1	g	1.150	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2006
Histidine 1	g	0.510	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2006
Alanine 1	g	1.190	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2006
Aspartic acid 1	g	2.490	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2006
Glutamic acid 1	g	2.890	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2006

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Glycine ¹	g	0.900	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2006
Proline ¹	g	0.690	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2006
Serine ¹	g	0.780	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2006
Other													
Alcohol, ethyl	g	0.0	--	--	--	--	--	--	--	--	Assumed zero	--	04/2006
Caffeine	mg	0	--	--	--	--	--	--	--	--	Assumed zero	--	04/2006
Theobromine	mg	0	--	--	--	--	--	--	--	--	Assumed zero	--	04/2006

Sources of Data

¹Nutrient Data Laboratory, ARS, USDA National Food and Nutrient Analysis Program Wave 8c, 2004 Beltsville MD